



Happiness and Wellness Awaits

All our journeys are unique. It is important to find a path to wellness that is comfortable and safe. At times, life brings challenges and roadblocks that require us to seek outside support. Our counselors strive to provide a culturally, linguistically, safe and caring environment to explore and unpack life's difficulties.

- Trauma Informed practice
- Dually licensed therapists

Mental health

Substance Use /Addictions

Vocational Counseling

- Medicaid, Tricare, and Most Major Insurances Accepted

Who We Are

About Us

No matter who you are or what you are going through, Start your Counseling Journey today! We are here to help. Services provided in office, School based and Telehealth.

Contact Us

Phone: 336-831-4051

CREATIVE COUNSELING AND WELLNESS CENTER CORP

Mailing Address: 163 Stratford
Court Suite 170
Winston Salem, NC 27103

Service Address:
163 Stratford Court Suite 166
Winston Salem, NC 27103



**CREATIVE
COUNSELING
AND
WELLNESS
CENTER CORP**

Solutions Without Side Effects



How to treat People facing challenges? Treat them like people literally, that's' it.

-Sarah Deats

Service Models

Cognitive Behavior Therapy

Trauma Focused Cognitive Behavior Therapy

Solutions Focused

Motivational Interviewing

Strengthening Families

Matrix Model

Seven Challenges

PLAAY

Play Therapy

Prime for Life and others...

Today is the day you say, “no more feeling this way. It stops today. I will get better because I am worth it!”

“It’s not a job when you Love what you do and at Creative Counseling, they love what they do! -DT

Service Location

Office-based

School-based

Forsyth County schools

Yadkin County schools

Virtual - Telehealth



What We Provide

Individual, Couples, Family Counseling

Consultation Services

Training

Groups

DUI – Assessments, Education and Treatment

Our Products and Services

Post Traumatic Stress Disorder

Depression /Anxiety

Grief

ADHD

Behavioral or Conduct Issues

Anger Control

Addictions and so much more.....